

The Kentucky Department for
Mental Health & Mental Retardation Services

and the



presents

**Suicide Prevention:
It's Everybody's Business
Conference**

September 6-7, 2005

and the

**Palette of Grief™ Workshop
presented by Barbara Rubel**

September 8-9, 2005

Conference Site
Galt House Hotel
Louisville, Kentucky



The Problem of Suicide in Kentucky

- ⇒ Over the past 25 years, an average of 502 Kentucky citizens have died by suicide annually.
- ⇒ Kentucky loses twice as many citizens to suicide as to homicide.
- ⇒ Kentucky's suicide death rate is the 19th highest in the nation.
- ⇒ Suicide is the 2nd leading cause of death for Kentuckians 15 to 34 years old.
- ⇒ Suicide is the 4th leading cause of death for 35 to 54 year olds.
- ⇒ 73 percent of suicide deaths in Kentucky were caused by firearms.
- ⇒ 2920 self-inflicted injuries resulted in an in-patient hospital admission in Kentucky during calendar year - 2003.

Vision & Mission

The vision of the Kentucky Suicide Prevention Group is to lead the Commonwealth in providing and promoting opportunities for all Kentuckians to become active in the reduction of suicide deaths and attempts.

The mission of the Kentucky Suicide Prevention Group is to decrease suicide deaths and attempts in the Commonwealth through advocacy, education, training, and evaluation.

Key Messages

A Life is Too Much to Lose
Suicide is a Preventable Public Health Problem
Suicide Prevention: It's Everybody's Business

With growing concern for the problem of suicide in Kentucky and the knowledge that such devastating acts of violence are preventable, in 2002 the Kentucky Department for Mental Health and Mental Retardation Services invited various community leaders to establish the Kentucky Suicide Prevention Group (KSPG). In October 2004, a staff person was hired to focus upon suicide prevention efforts in the Commonwealth.

The group's collaborative work continues to provide the framework for Kentucky's response to the problem of suicide. This conference and its focus upon the importance of building local suicide prevention coalitions and raising awareness of suicide, its prevention, and the need for proper after-care are important parts of the work of the KSPG.

We look forward to the opportunity to enhance the work of suicide prevention.

Jason Padgett, MHMR Program Administrator / Suicide Prevention Coordinator
WEBSITE: <http://mhmr.ky.gov/mhsas/suicidepreventiongroup.asp>

Suicide Prevention: It's Everybody's Business Conference *September 6-7, 2005*

Palette of Grief™ Workshop presented by Barbara Rubel *September 8-9, 2005*

At a Glance

Monday, September 5, 2005

6 – 8 p.m. Early Registration (West side - 3rd Floor Registration Area)

Tuesday, September 6, 2005

7 – 10 a.m. Registration (West side - 3rd Floor Registration Area)

10 – Noon Plenary (West side – Archibald)
Suicide Prevention: An Overview
Jerry Reed, Suicide Prevention Action Network
From Public to Private: A Family's Plight
Iris Bolton, Executive Director, The Link Counseling Center

12 – 2 p.m. Working Lunch (West side – Archibald)
Question, Persuade, Refer, QPR for Suicide Prevention
Bob Robey, QPR Trainer and Consultant

2 – 5 p.m. Topical Breakout Sessions (East side rooms – 3rd floor)
See pages 6-7 to select the session you wish to attend

5 – 7 p.m. **Reception** (East side - Segell) - An opportunity for participants and community/ government officials to meet, greet, and inter-mingle with the presenters/speakers. This will also include a poster session featuring research in the area of suicide and self-injury prevention.

Wednesday, September 7, 2005

8:30 – 10 a.m. **Community & Coalition Building** (East side – Grand Ballroom)
David Litts, Associate Director Prevention Practice, Suicide Prevention Resource Center

10:30– Noon **Facilitated Community Coalition Building Workgroups** (East side – Grand Ballroom)

12 – 2 .pm. "Send Off" Luncheon (East side– Grand Ballroom)
Becoming Highly-Resilient in Difficult Times
Barbara Rubel, Executive Director of the Griefwork Center, Inc.

Thursday, September 8 and Friday, September 9, 2005

8:30 a.m. – **Palette of Grief™ Workshop** (East side - Combs-Chandler)
3:30 p.m. *Barbara Rubel, Executive Director of the Griefwork Center, Inc.*
See Page 9 for more information about this two-day workshop.

Featured Speakers

(in order of appearance)

Jerry Reed, MSW Executive Director of SPAN-USA



He holds a Masters degree in Social Work with an emphasis on Aging Administration and is working on a doctoral degree in Health Related Sciences with an emphasis in Gerontology. He spent 15 years after receiving his masters as a career civil servant with the Department of the Army. He developed, implemented and managed a variety of quality of life programs such as substance abuse prevention and treatment and family advocacy. Before starting his position with SPAN USA, he worked with the Center for Mental Health Services on initiatives in support of the National Suicide Prevention Strategy. In 1996 he was selected as a Congressional Fellow for Senator Harry Reid's office. He served as an advisor on health care, mental health, suicide prevention and aging issues. He stayed on with Senator Reid as Deputy Chief of Staff at the end of his fellowship in 1999.

Jerry will share an overview of suicide prevention efforts on Tuesday morning. SPAN-USA has their national conference in the later part of Suicide Prevention Week.

Iris Bolton, MA Executive Director of the Link Counseling Center



The Link Counseling Center has been a national resource for survivors of suicide for over 20 years. Iris Bolton, the Executive Director of The Link and author of My Son ... My Son...; A Guide to Healing After Death, Loss or Suicide, is internationally known for her work with survivors and her own inspirational journey of healing following the suicide of her son in 1977.

Mrs. Bolton has spoken to conferences and meetings held all over the United States and Canada. She has appeared on many national radio and television programs, including an ABC Television special on Youth Suicide, the Gary Collins Hour Magazine Show, CBS's morning program, the Joan Rivers Show, ABC's Good Morning America, and numerous talk programs. She has contributed to. She has lectured at Harvard University and Rutgers University.

Iris will share From Public to Private: A Family's Plight on Tuesday morning and lead the topical session Survivors: Grieving, Healing, and Growing that afternoon.

Bob Robey
Kentucky Suicide Prevention Programs



Bob Robey is a suicide prevention trainer for the QPR Institute in Spokane, Washington and former bereavement counselor for the Hospice in Owensboro where he continues to facilitate a suicide survivor support group. He holds a Bachelor's degree in business and education from Kentucky Wesleyan College. Bob has presented the QPR suicide prevention model for the Kentucky Psychological Association, The Mental Health Institute of Kentucky, the Kentucky Center for Safe Schools and Western Kentucky University. Most recently he provided QPR certification training for Chaplains in the US Air Force. In 2004 Bob also provided training for Indian Health Services on Native American Reservation in Arizona and South Dakota. A member of the Kentucky Suicide Prevention Group, he is presently working with community suicide risk reduction task force groups in Owensboro, KY, Wausau, WI, and with the Navajo community in Kayenta, AZ. Bob is also a survivor of suicide having lost a close friend to suicide eleven years ago, which was the catalyst to working with other survivors and in prevention.

Bob will share Question, Persuade, & Refer, a suicide prevention gatekeeper training, during lunch on Tuesday.

David A. Litts, O.D., F.A.A.O.
Associate Director Prevention Practice of the
Suicide Prevention Resource Center (SPRC)



SPRC is a national center funded by the Department of Health and Human Services. As part of the center's leadership team, he contributes to its strategic planning and manages training and prevention practice initiatives. He also serves as Chairman, Board of Directors, The Stop Suicide Alliance, an organizing 501(c)3 creating funding for evidence-based suicide prevention programs in communities across the country. Recently, he served for three years as Special Advisor to the Assistant Secretary for Health and the US Surgeon General. In this position, he represented the Surgeon General and Assistant Secretary to ensure completion of the National Strategy for Suicide Prevention and the development of a public-private infrastructure to facilitate its implementation. He has also served as Chief of Staff for the Air Force Surgeon General and Executive Director of the Air Force Suicide Prevention Program where he oversaw the development of a comprehensive population-based suicide prevention program covering 600,000 Air Force personnel. The program was associated with a statistically significant, 55 percent drop in the suicide rate over four years. This program is now the largest and longest sustained suicide prevention effort associated with significant reductions in suicide. He is the recipient of the Surgeon General's Exemplary Service Award and the Secretary's Distinguished Service Award.

He will lead the Community & Coalition Building session on Wednesday followed by facilitated discussion among participants from the same geographic regions of the state.

Barbara Rubel, MA, BCETS, CBS
Executive Director of the Griefwork Center, Inc.

Three weeks before she gave birth to triplet sons, Barbara Rubel's father, a retired New York City police officer, took his own life. Her story was featured in the Emmy award winning Documentary, Fatal Mistakes, narrated by Mariette Hartley. She is the author of the best selling book, But I Didn't Say Goodbye: For parents and professionals helping child suicide survivors and the 30 hour course book, Death, Dying, and Bereavement: Providing compassion during a time of need.

Rubel is a Board Certified Expert in Traumatic Stress and Diplomate, American Academy of Experts in Traumatic Stress. She is a Certified Bereavement Specialist and a Certified Pastoral Bereavement Counselor. Rubel has a Certificate of Advanced Study in The Skilled Helper on issues of Complicated Mourning and is trained in Critical Incident Stress Management basic and advanced group crisis intervention. She received her BS in Psychology & MA in Community Health with Thanatology concentration. She is also a member of the Association for Death Education and Counseling, American Foundation for Suicide Prevention, American Association of Suicidology, SPAN, and International Critical Incident Stress Foundation.



Barbara is a Consultant for the Department of Justice, Office for Victims of Crime, (OVCTTAC) offering keynotes and training programs across the United States. She is also a Consultant for the New Jersey Office of the Attorney General and UBHC, University of Medicine and Dentistry of NJ. The "It's-4-U-NJ" campaign is the latest program in New Jersey's many post-9/11 victim assistance strategies to help residents of NJ recover from the impact of the disaster.

She has been a guest on radio and television programs and is widely published. Her commitment to suicide awareness, her stature as a bereavement specialist and bereavement support group facilitator, her experience of her father's suicide, her teaching death, dying, and crisis courses at Brooklyn College, and her own encounters with dying patients and their family members as a pastoral and bereavement coordinator with hospice, have molded Barbara into a woman uniquely equipped to speak to issues of loss, coping, and healing. She points out that we all have resilient power within us to survive our soul-searching journey into the essence of loss.

In 1994, Barbara developed the Palette of Grief™, a creative way to identify the grief process. Thousands have personally applied the concept in their lives by identifying their palette of grief, their portrait of loss, and ways to frame their portrait by exploring coping activities and healing rituals. Her third book, "The Palette of Grief, will be available next year.

She will lead a session on Tuesday, the "send-off" luncheon on Wednesday, and the two-day Palette of Grief™ Workshop on Thursday and Friday.

Session Details

Tuesday, September 6, 2005

Opening Plenary -- 10:00 a.m. – 12:00 p.m.

Suicide Prevention: An Overview

Jerry Reed, Suicide Prevention Action Network

During Mr. Reed's opening remarks he will describe suicide in America to include rates, prevalence, methods and trends. He will present suicide as a preventable public health problem and talk about ways to identify risk and protective factors for suicide. Mr. Reed will also present the federal public policy response aimed at preventing suicide. His remarks will be appropriate for all interested in the topic of suicide prevention.

From Public to Private: A Family's Plight

Iris Bolton, Executive Director, The Link Counseling Center

Following Jerry Reed's presentation on the national scope of suicide as a public health problem, Ms. Bolton will focus on an individual family's story of survival in the aftermath of suicide. She will show the differences in the grief process following suicide, an accident, murder and natural causes. Also shared will be the journey of healing and hope. Four tasks of grief will be mentioned as will national resources for survivors. She will discuss the strong impact and unique aspects of a death by suicide on family members, friends, coworkers and the local community.

12:00 p.m. – 2:00 p.m. (Working Lunch)

Question, Persuade, Refer, QPR for Suicide Prevention

Bob Robey, QPR Trainer and Consultant

During this session, Mr. Robey will build upon the foundation of information shared by Jerry Reed and Iris Bolton. He will provide the audience with the core of QPR training to increase hope in someone who feels hopeless. This will be accomplished by sharing how to empathetically interview suicidal persons and guide them to further assistance in addressing their suicidal risk.

2:00 p.m. – 5:00 p.m. Topical Breakout Session Choices

The list of session below (S – 1 through S – 9) are arranged alphabetically by presenter and will be offered at the same time. Chose the **one** you would like to attend and indicate it on your registration form.

S - 1: Suicide Risk in the College-Age Population

Mary Bolin-Reece, Ph.D., University of Kentucky
Richard Greer, Ph.D., Western Kentucky University

The workshop will address: developmental psychology and contemporary environmental pressures among a college-age population; common “personal” issues (family, peers, friends, etc.); institutional responses to a suicide and how we as counseling centers deal with these responses; a discussion of University of Kentucky and Western Kentucky University experiences related to a student suicide and enhanced campus program/intervention efforts since 2002; questions and answers which may be submitted anonymously, in addition to any experiential sharing the participants wish to offer.

TARGET AUDIENCE: Anyone who has contact with or interest in individuals in the 18-25-year-old age group -- particularly educators, campus residence life staff and other student service providers, parents

S - 2: Survivors: Grieving, Healing, and Growing

Iris Bolton, Executive Director, The Link Counseling Center

This workshop is about the survivor’s experience of suicide, from the aspects of the shock through the guilt and anger to acceptance and hope for healing. There will be a discussion of what’s best for survivors; therapy or grief counseling, support groups, a combination of both or a “do it on your own approach”. Getting involved in activities such as advocacy, prevention, survivor of suicide support teams, and facilitation will be presented. Also a new approach to helping survivors after 18 months to two years after the death, to enhance their life and to fulfill their life’s purpose will be added.

TARGET AUDIENCE: Survivors, counselors, physicians, educators, etc

S - 3: Substance Abuse and Suicide Risk

Suzanne Carrier, Kentucky Division of Mental Health and Substance Abuse Services
Barry Kellond, Kentucky Division of Mental Health and Substance Abuse Services

This session will explore the complex connection between substance abuse and suicide. Participants will examine prevalence rates for suicide and substance abuse for adults and adolescents; discuss the correlation between suicide and substance use; examine risk factors related to suicide; distinguish self harm from suicide intent; learn assessment strategies for persons who are suicidal with substance abuse/mental health problems; examine barriers to treatment; share recommendations for counselors and concerned persons.

TARGET AUDIENCE: Professionals, concerned persons/family members

S - 4: Suicide Risk and Prevention in Later Life

Yeates Conwell, University of Rochester Medical Center

Participants will learn the extent and nature of suicidal behaviors in older adults including the factors that place older adults at risk for suicide, and factors that appear to mitigate that risk. Using a videotaped interview, participants will be able to consider the pertinent risk and protective factors for the near suicide of an elderly man. Discussion and information presented will participants to an understanding of a framework for suicide prevention and approaches that show the most promise for reducing rates completed suicide later in life.

TARGET AUDIENCE: anyone working with older adults, either in health or human services, and family members

S - 5: Suicide Prevention in the Criminal Justice System

*Connie Milligan, Bluegrass Regional Mental Health/Mental Retardation
Ray Sabbatine, Sabbatine and Associates, Consultant*

An innovative program offers a model for service integration and collaboration to address a state tragedy – suicide in jails. In Kentucky, the disproportionately high rate of suicide and in-custody deaths prompted the legislature to fund a comprehensive service for all jails. The goal of this program is to reduce in-custody suicide, promote safe management of inmates with mental illness and increase diversion and decriminalization. The program components and services provided by community mental health centers will be discussed. And new initiatives of the KY Jail Mental Health Crisis Network and available data will be reviewed.

TARGET AUDIENCE: Professionals, survivors of suicide, consumers, and first responders

S - 6: Adolescent Depression and Suicide

Hatim Omar, MD, University of Kentucky, Department of Pediatrics

Dr. Omar, founder of the Stop Youth Suicide Campaign in Lexington, has been involved in personally caring for several suicidal teens. He will provide an opportunity for those who daily interact with teens to learn the extent of the problem of youth suicide across the nation and world. He will give a detailed talk on the predisposing factors to youth suicide and thus a basis for understanding the mechanics of depression. Finally he will provide information regarding basic screening tools for depression and suicide in the daily life of adolescents.

TARGET AUDIENCE: Caregivers of youth including parents, educators, physicians, counselors, coaches, etc

S - 7: Sexual Orientation, Gender Identity, and Suicide Risk Among the Young

Natalie Reteneller, Director of Development, YMCA Safe Place Services

Gay, Lesbian, Bisexual, Transgender, and Questioning (GLBTQ) individuals in our society still face a great deal of negative stereotyping and societal pressure. This workshop will explore the ways in which these factors impact the lives of every individual in our community and contribute to a substantial number of suicides and suicide attempts among GLBTQ persons. Participants will have the opportunity to safely discover their own bias and feelings regarding sexual orientation as they learn more information about the reality of the lives of GLTBQ individuals and how to address this often volatile subject effectively with colleagues, friends and family. Through small group work, interactive role-plays and a panel discussion, participants will come away with an increased capacity to hold more than they thought they could in their heads and hearts.

TARGET AUDIENCE: Those who work with or interact with GLBTQ individuals in any capacity

S - 8: Framework for Suicide Prevention in Schools: The Youth Suicide Prevention School-based Guide

Stephen Roggenbaum, Louis de la Parte Florida Mental Health Institute, University of South Florida

The goal of this workshop is to help schools address the issue of youth suicide with the Youth Suicide Prevention School-based Guide (The Guide). The Guide is not a program but a tool based upon current literature and programs that provides a framework for schools to assess their existing or proposed suicide prevention efforts (through a series of checklists) and provides resources and information that school administrators can use to enhance or add to their existing program. The participant will learn the importance of community collaborative efforts to prevent youth suicide how to use this tool in the process.

TARGET AUDIENCE: All staff of middle schools and high school at the local and district level

S - 9: Supporting Individuals Impacted by Sudden Unexpected Death

Barbara Rubel, Executive Director, Griefwork Center, Inc

This session is about sudden loss and is for professionals who want to look at conditions that make grief traumatic. Explore how individuals react after a terrorist act, disaster, homicide, car crash, heart attack, and accident. Look at how their reactions differ from the grief experienced by suicide survivors. Discuss common reactions to a sudden death, complicated and traumatic grief, separation distress, traumatic stress and identify treatment implications. Compare grief theories: "Four Task Based Model", "7 R Process of Mourning", and "Continuing Bonds Theory" and identify how these models of grief counseling provide you with the tools you need to support survivors, not only immediately after a sudden loss, but years later. This session will provide you with the insight you need to understand how survivors of sudden loss are transformed by the experience.

TARGET AUDIENCE: Mental health professionals, physicians, nurses, educators, and pastoral care

Wednesday, September 7, 2005

8:30 a.m. – 10:00 a.m. Community & Coalition Building

David Litts, Associate Director Prevention Practice, Suicide Prevention Resource Center

The vision of the Kentucky Suicide Prevention Group is to lead the Commonwealth in providing and promoting opportunities for all Kentuckians to become active in the reduction of suicide deaths and attempts. One of the major goals in achieving this mission is to mobilize communities. Working together, community groups can help to ensure that people in communities understand the issues associated with suicide, are able to recognize the warning signs, and know how to respond to those signs responsibly and effectively. By working to organize your community to prevent suicide, you are taking steps that we believe will ultimately save lives.

This session will prepare participants to begin the coalition building for their community. They will learn the key principles for organizing a community to prevent suicide. Emphasis is placed on sustaining efforts to achieve long term reductions. Participants will be able to: 1) identify key components of successful community coalitions; 2) articulate strategies to increase likelihood of long term achievements; and 3) describe a model for data driven prevention planning.

Tuesday's session will provide some of the needed information about this preventable public health. This session is the time to begin planning ways to take action in reducing this problem.

10:30 a.m. – Noon Facilitated Community Coalition Building Workgroups

Every community has its own unique set of citizens and systems. Only at the local level can interventions be delivered that specifically address those local needs. This is the chance to begin the development of a coalition to address suicide within your own community. Using the guiding principles from David Litts, participants will be grouped with fellow members of their local community. A structured discussion of the development or enhancement of community suicide prevention coalitions will be guided by facilitators. Groups will then be ready to hear the charge from Barbara Rubel during the "send-off" luncheon.

Noon – 2 p.m. "Send-off" Luncheon **Becoming Highly-Resilient in Difficult Times**

Barbara Rubel, MA, BCETS, CBS, Author, But I Didn't Say Goodbye: For parents and professionals helping child suicide survivors and the course book, Death Dying and Bereavement: Providing compassion during a time of need.

This presentation will focus on the impact of a sudden, violent death on professionals. Participants will address their needs as they provide compassionate care to traumatized individuals. Differentiate between personal life stress, survivor induced stress, work environment stress, and self induced stress when providing support to survivors of sudden loss. Challenges for professionals will be discussed as they identify coping strategies to prevent compassion fatigue. The goal of this workshop is to explore ways to prevent compassion fatigue while providing compassionate care.

Thursday, September 8 and Friday, September 9, 2005
8:30 a.m. – 3:30 p.m.

Palette of Grief™ Workshop

Barbara Rubel

Executive Director of the Griefwork Center, Inc.

This two-day workshop will begin by creating the *Palette of Grief™*, a guided grief self-discovery through an art exercise that helps us identify our grief. As Barbara Rubel says, “I look at grief as a palette of many colors: Emotional, behavioral, cognitive, spiritual, and physical colors. Some emotional colors include anger and disbelief. Some behavioral colors are not sleeping and visiting places of remembrance. A few cognitive colors are confusion and dreaming. Spiritual colors include searching for meaning in the loss and questioning beliefs. A few physical colors are dry mouth and lack of energy. The colors blend together and no two palettes are alike. Whether your loss was recent or occurred several years ago, every person grieves in their own way.”

Participants of this workshop will create a unique palette. You will be given the opportunity to discuss your grief with other survivors. By creating a palette with others who share similar losses, you will be able to express your pain, be educated about the grief process, learn ways to heal, and feel supported by those around you.

We will then examine the *Portrait of Loss* by identifying who and what is illustrated in the portrait: The bereaved-the person that is grieving, the deceased-the person that died, the circumstances of the death, and the social and spiritual support given to the bereaved.

Barbara will assist the participants at the close of the session by *Framing the Portrait*. The focus of framing the portrait is to recognize several self-help techniques to cope with loss that include creating rituals, candle lighting, and creating memory books. Determine if journal writing or poetry can personally help you cope with loss. Discuss how planning for enjoyable events can help you manage your grief. Explain the significance of bereavement support groups, talking to friends or family members, and prayer.

PARTICIPANTS WILL:

1. Identify the emotional, behavioral, cognitive, spiritual, and physical manifestations of grief
2. Describe the factors that influence the grief process
3. Examine interventions for facilitating mourning following sudden death
4. Discuss strategies for coping after a sudden death

TARGET AUDIENCE: Survivors, mental health professionals, bereavement support group facilitators, pastoral care, nurses, and educators

General Information

ATTENDANCE - In order to facilitate the registration process and to insure admittance, pre-registration is recommended. Applications will be accepted by mail, or fax to (859) 622-3084.

ONSITE CHECK-IN - Begins on Monday, September 5, 2005 at 6:00 - 8:00 p.m., at the Galt House West side 3rd floor registration area. All participants, including those pre-registered, will need to check in at the registration/check-in desk for name badge and conference materials. Check-in will be 7:00 a.m. - 10:00 a.m. on Tuesday.

To register for the conference, complete the form on page 15 and return to:

Justina Keathley
202 Perkins Bldg - ECU
521 Lancaster Avenue
Richmond, Kentucky 40475

The brochure is also available on the website at <http://mhmr.ky.gov>. Click on the "Conferences/Events/Meetings" link on the left side and choose the "Suicide Prevention Conference".

For more information about the conference, contact Jason Padgett at (502) 564-4456 or Justina Keathley at (859) 622-4968. For registration information, contact Justina Keathley at (859) 622-4968.

REGISTRATION FEES - \$120.00 full conference; \$60.00 for Tuesday-Wednesday or Thursday-Friday. Please make checks payable to: *Suicide Prevention Conference*. Credit cards are not accepted. Scholarship information is on page 13. **PLEASE REGISTER BY AUGUST 19.**

CANCELLATION POLICY - **No** refunds will be made. Substitution of participant is recommended in lieu of cancellation.

SESSION DETAILS - Please see pages 5 - 9.

CONTINUING EDUCATION/CERTIFICATE REQUIREMENTS - Participants will receive various credit/certification hours based upon attendance at the plenary session and workshops. Credit/certification will be awarded based upon completion of an entire session/workshop. An attendance system will be implemented to record the number of qualified educational hours for each participant. Participants may earn up to 24.5. Credit/certification will be mailed to participants after the conference.

CONTINUING EDUCATION CREDIT - Applications have been made for various certifications, continuing education, nursing contact hours, and other professional credit hours to the following Kentucky Boards: Alcohol and Drug Counselors, Fee-Based Pastoral Counselors, Marriage and Family Therapists, Nursing, Nursing Home Administrators, Professional Counselors, Professional Art Therapists, Psychiatry, Psychology, and Social Work (this will include EILA credit from KDE). **ALL PENDING.**

PARKING - Galt House guests will be charged a flat rate of \$7.00 a day (price subject to change) and others will be charged an hourly rate in the parking garage from \$1.50 - \$12.00 for the day.

OVERNIGHT ACCOMMODATIONS - The Conference will be held at the Galt House Hotel and Suites, 140 North 4th Street, East Tower, Louisville, Kentucky. The hotel is holding a block of sleeping rooms at a special rate for the conference until August 6, 2005. After that date the conference room rate is subject to availability. **Participants are responsible for making their own reservations.** Request the "Suicide Prevention Conference" rates. Workshops will be held in the Galt House East and registration and general sessions will be held on the West side.

RATES FOR THE EAST SIDE: \$94 - single or double; \$104 - triple; \$114 - quad. Rates for the West Side: \$84 - single or double; \$94 - triple; \$104 - quad. We encourage you to make your reservations early. For reservations, dial toll-free (800) 626-1814. In the Louisville area, dial (502) 589-5200. **The lodging reservation deadline is August 27, 2005.** More information on the hotel is available on the web at <http://www.galthouse.com>.

SPECIAL ACCOMMODATION REQUESTS - If you need special accommodations at the conference site, please contact Justina Keathley at (859) 622-4968. Special accommodations include interpreters and conference luncheon menu. Special accommodations at the hotel, such as an accessible room, shower chair, and TTY, must be made through the Galt House Hotel & Suites (800) 626-1814 or in the Louisville area (502) 589-5200.

EXHIBITS AND POSTER SESSION - (East side - Segell) There will be exhibits on Tuesday & Wednesday. There will also be a Poster Session presenting current research and information on suicide and its prevention during the reception on Tuesday evening. Please see information on how to present at the Poster Session on pages 11-12.

FOR FURTHER INFORMATION PLEASE CONTACT:

Jason H Padgett
Division of Mental Health and Substance Abuse
Frankfort, Kentucky
(502) 564-4456
Jason.Padgett@ky.gov

Justina Keathley
Division of Mental Health and Substance Abuse
Eastern Kentucky University
(859) 622-4968
Justina.Keathley@eku.edu

POSTER SESSION DESCRIPTOR SHEET

Suicide Prevention: It's Everybody's Business
Tuesday, September 6, 2005
5 – 7 P.M.

NAMES AND TITLES OF ALL POSTER SESSION PRESENTERS as you wish it to appear in the program. Include titles, plus school district/university, agency, etc. [Please limit to no more than 2 presenters]

POSTER SESSION TITLE as you would like it to appear in the program:

POSTER SESSION DESCRIPTION (Please provide a description for program purposes, summarizing the project you will be sharing in the poster session. This should include background, methods, results, and discussion questions and be limited to 250 words.)

POSTER SESSIONS WILL BE HELD ON TUESDAY EVENING FROM 5 – 7 P.M.

POSTER SESSION INFORMATION SHEET

Suicide Prevention: It's Everybody's Business September 6, 2005

CONTACT INFORMATION (To be printed in program and limited to no more than 2 presenters.)

	PRESENTER 1	Presenter 2
Name		
Title		
Address		
Phone (H)		
Phone (W)		
Fax		
Email		

***PLEASE NOTE: Poster session presenters are responsible for bringing their own media equipment, if any will be used. Please note below if your poster session presentation will require electrical outlets:

_____ No, I will not require an electrical outlet.

_____ Yes, I will need access to electrical outlets. If yes, how many outlets are needed? _____

What RESOURCES (e.g., books) would be relevant to your poster session (if any):

PLEASE COMPLETE THIS FORM AND RETURN By August 5, 2005

EMAIL: justina.keathley@eku.edu

Or FAX: (859-622-4968)

Or by MAIL:

Suicide Prevention

Justina Keathley

Division of Mental Health & Substance Abuse

Eastern Kentucky University

Perkins 202

521 Lancaster Ave.

Richmond, KY 40475

Scholarship Application Form

Deadline August 5, 2005

This form must be filled out if applying for a Scholarship and sent with the Registration Form.
(Please attach additional page(s) if needed.)

1. Name _____ E-mail _____
Agency _____ Phone # _____

2. What is your experience and background? _____

3. How will your attendance at the Suicide Prevention: It's Everybody's Business Conference benefit you and your community?

4. Why do you need financial assistance to attend the Conference? _____

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BACK OF SCHOLARSHIP APPLICATION

Suicide Prevention: It's Everybody's Business Conference & Palette of Grief™ Workshop

Registration Form

PLEASE REGISTER BY AUGUST 19, 2005

Please TYPE or PRINT LEGIBLY.

Submit application to: Justina Keathley, Division of Mental Health & Substance Abuse, Eastern Kentucky University, Perkins 202, 521 Lancaster Ave., Richmond, KY 40475.

Please list the address where you wish to have information sent.

Name: _____

Address: _____ Home Phone #: _____

City: _____ State: _____ County: _____ Zip: _____

Agency: _____

Work Phone: _____ E-mail Address: _____

_____ I have special needs for learning aids and/or facility accessibility information. Please contact me at the phone number listed above.

Continuing Education Information

I desire credit for hours of continuing education attended . _____
(sign here and provide licensure info below)

Professional / Clinical Licensure Board _____ License Number _____

Please indicate your selections.

_____ Tuesday, September 6, 2005 & Wednesday, September 7, 2005 **\$60**
Suicide Prevention: It's Everybody's Business (2-day conference)
Topical Breakout Sessions (Tuesday Afternoon)
1st choice _____
2nd choice _____

_____ Thursday, September 8 and Friday, September 9, 2005 **\$60**
Palette of Grief™ Workshop
Barbara Rubel, Executive Director of the Griefwork Center, Inc.

PAYMENT INFORMATION (Please select payment option below)

Please make checks payable to: **Suicide Prevention Conference**

_____ Personal Check Enclosed _____ Pay at Registration _____ Agency Check Enclosed _____ Bill Agency

Billing Contact Person: _____ Phone #: _____

Address: _____

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AS THE BACK OF THE REGISTRATION FORM



Travel Directions to The Galt House Hotel & Suites

140 North 4th Street Louisville, KY

From Owensboro, take US-60 E/W 4th St. Continue to follow US-60 E. Stay straight to go onto US-231 N. Merge onto I-64 E. Take the 9th Street/Roy Wilkins Ave EXIT - EXIT #4 - toward downtown. Turn left onto W. Market St./US-60 E/US-31W E. Turn left onto S 4th St. End at 140 N 4th St., Louisville Ky.

From Bowling Green, take I-65 N toward Louisville. Take the Brook St. EXIT- EXIT #136B. Stay straight to go onto S. Brook St. Turn left onto E Muhammad Ali Blvd. Turn right onto S 2nd St./KY-1020 N. Continue to follow S. 2nd St. Turn left onto W. Main St./US-60 W/US-31W W. Turn right onto N 4th St. End at 140 N. 4th St., Louisville Ky.

From Northern Kentucky, take I-71 S toward Louisville. Merge onto I-64 W via exit #1A toward St. Louis. Take the 3rd street EXIT- EXIT #5B - toward River Road/Downtown. Turn slight left onto N. 3rd St. Turn right onto W. Main St./US-60 W/US-31W W. Turn right onto N. 4th St. End at 140 N. 4th St., Louisville Ky.

From Eastern Kentucky, take I-64 W. Take the 3rd Street EXIT- EXIT #5B- toward River Road/Downtown. Turn left onto N. 3rd St. Turn right onto W. Main St./US-60 W/US-31W W. Turn right onto N. 4th St. End at 140 N. 4th St., Louisville KY

From Lexington, take I-64 W via EXIT #118- on the left- toward Frankfort/Louisville. Take the 3rd Street EXIT- EXIT #5B- toward River Road/Downtown. Turn slight left onto N. 3rd St. Turn right onto W. Main St./US-60 W/US-31W W. Turn right onto N. 4th St. End at 140 N. 4th St., Louisville Ky.

The Cabinet for Health Services, Department for Mental Health & Mental Retardation Services does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford individuals with disabilities an equal opportunity to participate in all programs and activities.

Suicide Prevention: It's Everybody's Business Conference & Palette of Grief™ Workshop
Kentucky Department for Mental Health & Mental Retardation Services
100 Fair Oaks Lane, 4E-D
Frankfort, KY 40621



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